

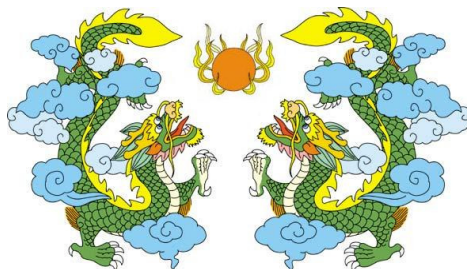
Pearls of Wisdom Webinar

Approved for 3 CPE Points

AACMA, ANTA and NZRA

Organised and Hosted by Pearls of Wisdom Chinese Medicine

Sponsored by Health World Limited



LIVE INTERACTIVE VIDEOCONFERENCE and REPLAY ON DEMAND

17th May 2014

9am-12pm (Melbourne)

Writing Precise Prescriptions with Qin Bo-Wei's 56 Methods

Session 1 - Wind & Phlegm

Presented by

Jason Blalack L.Ac

There is a saying in China that you know the best herbalists by their ability to quickly and effectively treat Colds and Flu. To gain the tools you need to knock these out within 24-48 hours and so much more, join us in the first session of this highly anticipated webinar series

WHAT YOU WILL LEARN FOR THIS SESSION

This 3 hour lecture will begin with understanding the broad picture Wind and Phlegm, including:

- Its source and causes
- Clinical manifestations, locations and symptoms

We will then move on to more detailed discussion of the associated Treatment Methods for each covering:

- Key clinical diagnostic criteria
- The associated flagship formula and how to modify it
- How the Method relates to classical Chinese medicine
- Numerous case studies to demonstrate how they are used

With this knowledge, you will be able to apply techniques immediately to obtain superior, more precise results in the clinic. At the same time, you will be connecting to a clearer way of thinking that will continue to deepen with your practice.

Jason Blalack is an international lecturer and the translator, compiler, and editor of, Qin Bo-Wei's 56 Treatment Methods: Writing Precise Prescriptions, with clinical commentary by Wu Bo-Ping (published in 2011 by Eastland Press).

Having made numerous trips over the past decade to study closely with Dr. Wu Bo-Ping, one of Qin Bo-Wei's most intimate and long-standing students, as well as several other older generation doctors, Jason's approach embodies a style that precedes our modern TCM system.

Jason is a graduate of the Pacific College of Oriental Medicine in San Diego and maintains a full-time practice in Boulder, Colorado. He is passionate about helping students and practitioners bridge the gap between this approach and our modern TCM model by clearly presenting a clinically oriented method of thinking.

FULL COURSE DETAILS AND REGISTRATION:

Please visit:

<http://www.PearlsChineseMedicine.com/QBW56>

...for full course details, online registration and payment. Find out more about who Qin Bo-Wei was, and how a Treatment Methods approach will take your herbal practice and understanding to the next level.

PRICING AND SPECIAL OFFERS (Valid Before May 17th):

Pearls of Wisdom and Health World Ltd are confident that you will be very satisfied with the knowledge you will gain from attending the first session of this course. For a limited time, we are offering

*** A discounted price of \$60.00 AUD for Session 1 - that's 20% off!**

*** A Free preview of some of the case studies and questions that will be examined in the session** (attached). If you have seen any of these kinds of patients in your clinic and want the tools to deal with them quickly and effectively, come and join us.

ENQUIRIES

For any questions you have, please don't hesitate to contact us at pearlsreg@gmail.com or leave a number for a prompt return call on (02) 80616037.

Best Regards,

The Team @ Pearls of Wisdom Seminars

Case Studies Preview – Recommended Approach

- These are some of the cases that will be covered during the lecture. Though not required, you will get the most benefit from the course if you do some contemplation on them before the session.
- Consider how to think about each case, what treatment principles and what herbs/ formula you would use. There is no right answer, therefore try to commit to something and write it down. It will only help the development of your thought process.
- Sometimes only a minimal amount of information is given. That is OK. Try to read between the lines. Part of this course is to teach you how to read pre-modern case studies. This in turn helps streamline your clinical process.
- Please feel free to email answers to the questions before the class (email address provided in registrant videoconference instructions) so that I can incorporate the ideas into the lecture. Don't worry about being "wrong", you will learn more if you commit to an answer. Any submissions discussed will remain anonymous.
- Cases that do not have names are from famous doctors (these will be revealed later) ☺.

Case #1: Early Stage *gan mao*

Jason Blalack



- Early stage cold
- Runny and congested sinus
- Slightly achy overall
- Pulse: floating



Case #1: Ying & Wei



- 21 year old
- Sweating
- Cold body
- The body & spirit was fatigued & overworked
- Sense of hunger but little intake of food
- Aching limb joints
- Pulse: thin & weak
- Dx: Disease in the nutritive and defensive.

Case #3: Early stage *gan mao*

Jason Blalack



- Night sweats
- Hot & itchy sore throat
- A little phlegm (in the throat)
- Dry lips
- Sneezing
- No fever / chills
- Day 1 of menstrual cycle
- Pulse: floating
- Tongue: unremarkable

Case #4: *Gan Mao*



- Constitutional tendency: headache, high blood pressure and stomach pain
- Unsurfaced generalized fever, yet her skin felt dry and hot. Sensation of severe cold on her back
- Headache & heavy eyes
- Irritability & a stifling sensation in her chest
- Occasional belching and nausea
- Bowels: not moved in 2 days
- Pulse: thin, slippery & rapid
- Tongue: thin and yellow coat

Case #1: Cough

Jason Blalack



- Two year old boy
- Cough: sounds phlegmy
- Stuffy nose
- Red cheeks
- Hands not hot
- Good mood
- No bowel movement (1 day)
- Increased thirst

Case #3: Malaria



- Malarial disease: aversion to cold, fever, headache, and stiff neck
- Painful abdomen and back, lying down was difficult
- Stifling sensation in the gastric cavity
- Tongue: white coat
- Pulse: floating, wiry, & moderate
- Dx: wind cold pressing down the nutritive and defensive leading to disharmony. The taiyang disease had ceased.

Case #5: Atrophy and Painful Obstruction



- Limb joint pain*
- Indeterminate pain throughout the upper, lower, left and right parts of the body
- **Pulse**: Wiry, thin, and choppy.
- Etiology & Dx: External wind overwhelming Constitutional yin deficiency and entering the collaterals, leading to lack of circulation of the nutritive and protective.

Case #6: Tai Yang Disease



- Deficient constitution
- Contracted a cold pathogen- tai yang disease
- Physical cold
- Aching bones & limb joints
- Sweat without resolution
- Stifling sensation in the chest
- Reduced food intake

Case #2: Wind Pathogen



- Cause: irritable, overwork → dispersed protective qi
- Wind in upper → mutual obstruction of phlegm and qi
- Disharmony of clear orifices, nasal obstruction, low voice, and serious cough

Case #3: Common Cold

Jason Blalack



- 5 year-old: runny nose, slightly spasmodic cough, clear phlegm, sounds like “qi obstruction”(father)
- Not worse at night
- Clear runny sinus discharge
- Tongue: yellow coat, red tip

General Questions to think about, and will be explored during the session

- What is Nutritive and Protective Disharmony (*ying wei bu he*)?
- Why is there SWEATING in the above condition?
- How do you treat:
 - The common cold?
 - Phlegm-heat in the Lungs?
